



MEDIA KIT

Jessica Symes Toomey

MSc (CoachPsyc)

**Career, Communication and
Personality Expert**

Executive and Leadership Coach

Speaker and Presenter

Jessica is a leader and expert voice and advisor in the fields of career, communication, and personality in a professional and workplace context. Jessica is a highly sought after executive coach and leadership consultant who regularly speaks in the media on career, employability, and workplace matters. She is a seasoned keynote presenter in the corporate speaking arenas and celebrated as vivaciously energising and enthusiastic, insightful, knowledgeable and above all entertaining.

Jessica Symes Toomey is a practitioner in executive coaching, people and professional development, leadership and career development and is a sort after thought leader, supporting clients in a global landscape. Jessica is the founder and Director of Symes Group and works across a number of industries and audiences to realise potential. Jessica is a trusted advisor and consultant with two decades of corporate learning and development experience.



Jessica is a highly skilled executive coach and facilitator working in the field of leadership and career development with a passion for realising potential. Jessica holds a Master of Applied Science, Psychology of Coaching from The University of Sydney, a Bachelor of Communications, Theatre and Media, from Charles Sturt University, Bathurst and a Graduate Diploma in Directing from The National Institute of Dramatic Art (NIDA).

Jessica works across a varied range of industries and sectors across Asia Pac over the last fifteen years and is dedicated to delivering results for her clients through a strengths based and scientific and data driven approach to development. Jessica works with cohorts at various stages of their career from graduate's and early career to senior and c suite executives. Jessica partners with large scale global services organisations to deliver leadership program, learning interventions and gender equity programs that are evidence based and grounded

in science to achieve positive people and culture objectives and targets for the organisation. Jessica's current passion is in Career Development and is currently working with clients in markets in Europe and the America's to deliver exciting and innovating approaches to science-based career development.

Jessica is passionate about delivering exceptional career and leadership development with a collaborative approach to working with clients to produce outcomes that are shaping positive, inclusive and purposeful working cultures and world class approaches to people development. Jessica works within Symes Group delivering keynotes, presentations, workshops and programs and coaching engagements as well as an associate and partner with leading learning and development providers and is a guest facilitator at the University of New South Wales UNSW Leadership Foundations Program and a regular expert speaker in the media and business publications.

Qualifications:

- Master of Applied Science, Psychology of Coaching, The University of Sydney.
- Bachelor of Communications, Theatre and Media, Charles Sturt University Bathurst.
- Graduate Diploma Directing, National Institute of Dramatic Art (NIDA)
- Graduate Certificate in Scriptwriting and Directing from The Australian Film, Television and Radio School – AFTRS
- Accredited practitioner of The Facet5 Personality Development Tool.

Symes Group provides evidence-based people solutions that enable organisations to select the right people, develop key talent, build collaborative and creative teams, promote key leadership capabilities, and foster positive, purposeful, thriving cultures.

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